

Regulations

About holding Fourth International Open Water Swim Competition

X-WATERS Montenegro 30.09.23

1. General information.

1.1. Executive Director of the swim: Igor Majer

1.2. International Open Water Swim Competition X-WATERS Montenegro in 30 Sep 2023 in the water area of the Risan city in the waters of the Bay of Kotor.

1.3. Swim distances: 1800m (one mile) and 7000m - the start and finish are in one place on Risen Beach; 4500m - the start takes place from Perast beach around the island of Gospa od Škrpjela, finish at Risen Beach; 50m and 200m Children's swim - the start and finish are in one place on Risen Beach. Details on the official website of the series: x-waters.com.

1.4. Control time for distances: 1860m – 1 hour; 4500m - 2 hours; 7000m - 4 hours; 50m - 5 minutes; 200m - 10 minutes.

1.5. Registration for the swim is on the official website of the series: x-waters.com

1.6. Maximum number of participants: 600 people.

1.7. 3 winners in the categories "Men" and "Women" in the absolute standings at all distances are subject to awarding. At distances where the number of registered Participants exceeds 60 people, diplomas are awarded in age groups. The number of categories for awarding can be increased at the discretion of the Organizer.

1.8. Cases not considered in the Regulations are considered by the Organizing Committee in the current order.

2. Goals and objectives.

2.1. Popularization of a healthy lifestyle and swimming.

2.2. Attracting tourists among sports fans to the region.

2.3. Stimulating the growth of sports achievements in long-distance swimming.

3. Management .

Swim Organizer: Multisport Akademija MAYER, Montenegro

The management of the swim is carried out by the Organizing Committee.

4. Place and time of the event.

4.1. The schedule of the event is published on the official website of the swim (clause 1.5) simultaneously with the appointment of the start time.

4.2. The distance scheme is posted on the website.

4.3. The Organizers have the right to change the distance schemes and the start time by notifying the Participants on the swim website (clause 1.5). The decision on the change is made by the Director of the start, taking into account weather conditions, water temperature, as well as orders of supervisory agencies, security services and other state bodies.

5. Swim participants.

5.1. Age restriction: On the day of the swim, the participant must be over 18 years old, the age is determined by the passport. In swims X-KIDS on distances 50m boys and girls of the age category F7 and M7 take part, on distances 200m - boys and girls of the age category F10 and M10.

5.2. The Age group is determined by the number of full years on the December 31, 2023. This clause does not cancel the requirements of clause 5.1.

5.3. The maximum total number of swim Participants is specified in paragraph 1.6. The Organizers have the right, but do not obligate to increase or decrease the number of Participants.

5.4. Use of wetsuits:

- when the water temperature is above 24 degrees - the use of neoprene wetsuits is prohibited at all distances;
- when the water temperature is above 18 degrees - the use of wetsuits is allowed at all distances;
- if the water temperature is below 18 degrees, the use of neoprene wetsuits is mandatory, at distances over 3 km, the use of full neoprene wetsuits is mandatory;
- if the water temperature is below 16 degrees - the use of neoprene full wetsuits is mandatory, changes in distances are possible up to cancellation;
- if the water temperature is below 14 degrees, there may be changes in distances up to cancellation, the use of neoprene helmets is mandatory.

5.5 Participation in a swim at a water temperature below 18 degrees without a wetsuit is possible only at distances of no more than 3 km, with confirmation of participation in a swim at a distance equal to or greater than the selected distance at the same or lower water temperature obtained in the current calendar year.

6. Registration.

6.1. Registration is made online on the official website (clause 1.5). If you have not received confirmation of registration by email or in your personal account, contact the Organizers.

6.2. Registration will be open until the total number of Participants is reached (clause 1.6) (counting all distances and age groups). If there are significantly more people willing to participate, the Organizers reserve the right, but do not obligate, to revise this paragraph of the Regulations.

6.3. When registering, the Participant is obliged to provide personal data in accordance with the identity document.

6.4. A participant is considered registered if he has filled out the registration form and paid the registration fee.

6.5. The registration fee is spent on organizational needs. The amount of the contribution can be found on the official website (p.1.5). All financial issues are regulated by the offer agreement published on the website.

6.6. The paid registration fee is not refundable.

6.7. The registration of the Participant is cancelled if the Participant provides false, inaccurate or incomplete data. In case of cancellation of registration, the funds will not be refunded (For more details, see clause 5 of the offer agreement).

6.8. The transfer of paid participation to other persons is regulated by the Offer Agreement posted on the website.

6.9 By registering, the Participant confirms his agreement with all the clauses of this Regulations and the public offer agreement.

7. Admission to competitions.

7.1. In order to be admitted to the competition and receive a starter kit before the start, Participants must provide:

- Passport or other identity document (a driver's license is not an identity document).
- A completed and signed "Application for participation in the swim", in which he removes the Organizers of responsibility for possible damage to life and health that occurred during the swim (Appendix 1).
- Valid accident insurance policy.

7.2. To be allowed to compete at the X-KIDS distance and receive a starter kit before the start, Participants must provide:

- A parent's passport or a child's birth certificate.
- A completed and signed "Application for participation in the swim", in which the Legal Representative of the Participant removes the Organizers of responsibility for possible damage to the life and health of the Participant that occurred during the swim (Appendix 2).

7.3. Starter kits are given only to the Participant personally. Receiving kits for other persons and transferring them to other persons is prohibited. When giving the starter package, after checking all the documents, a Participant's bracelet is attached to the Participant's hand. It is forbidden to remove the bracelet before the end of the competition. The absence of a bracelet from a Participant for the competition leads to his disqualification.

7.4. All Participants are required to attend the pre-launch briefing. The exact information about the place and time of the briefing will be indicated on the website (clause 1.5).

7.5. All points of this section are mandatory, failure to comply with any of them entails the removal of the Participant from the competition without any compensation.

8. Starter kit and chip.

8.1. Time measurement is performed at all distances.

8.2. The starter kit includes:

- individual swimming cap;
- informational materials.

An individual safety buoy is given together with the start package or directly at the start point. The exact information about the receiving of an individual insured buoy is announced at the pre-start briefing. At distances over 9 km, it is allowed to swim with your orange safety buoy without the symbols of other swimming starts.

8.3. Participants are allowed to start only with an electronic chip (when using electronic timekeeping), a safety buoy and a swimming cap given by the Organizers. The chip and buoy should be secured in accordance with the instructions of the Organizers. Incorrect fixing of the chip can make it impossible to fix an individual result. At the end of the swim, the chip and the safety buoy must be handed over to the Organizers.

8.4. Starter kits are given during registration only to the Participant personally. Receiving packages for other persons and transferring packages to other persons is prohibited.

9. Rewarding.

9.1. Participants are to be awarded in accordance with clause 1.7.

9.2. Age categories:

Age	Women	Men
born 2016-2014	F7	M7

born 2013-2009	F10	M10
born 1994-2005	F18	M18
born 1984-1993	F30	M30
born 1974-1983	F40	M40
born 1964-1973	F50	M50
born 1963 and before	F60	M60

9.3. All finishers within the time limit are awarded a finisher's medal.

9.4. The participants who took the prize in the absolute do not participate in the awarding in age groups.

10. Withdrawal from the race.

10.1. If a Participant decides to interrupt the competition, he must inform the Organizers about it and return the electronic chip and the safety buoy, this can be done in the starting town or at the starting point. The exact location of the starting town and the starting point are indicated on the website (p 1.5).

10.2. The medical staff, Organizers and judges of the competition have the right to withdraw the Participant from the track at any time if they deem it necessary.

11. Disqualification.

11.1. The Organizers have the right to disqualify a Participant if they have reasonable concerns for his health, if the Participant does not comply with the rules of the competition and the conditions of this Provision, interferes with other Participants, otherwise hinders the competition.

11.2. The control time is valid at distances. The swimmer is removed from the race if he does not fit into the allotted time limit.

11.3. The swimmer is removed from the race if he does not cope with the stream and is below the control marks. The Organizers explain the rules for passing the control marks at the pre-start briefing.

11.4. Each Participant during the swim must fasten an individual buoy provided by the Organizers on his belt. A swimmer finishing without a buoy is disqualified and compensates the Organizers for the cost of the buoy.

11.5. The use of special devices, such as flippers, paddles, mattresses, gloves with webbing, etc., except for individual rescue buoys, wetsuits, neoprene gloves, socks, helmets, is prohibited.

11.6. Each Participant during the swim must wear a swimming cap given by the Organizers. Participation in the swimming cap TOP 100 X-WATERS World Championship is allowed. A swimmer finishing without a cap may be disqualified.

12. Ensuring security.

12.1. The overall responsibility for ensuring security lays on the Organizer.

12.2. In order to ensure the safety of Participants on the water, escort by boats and boats with rescue groups is organized.

12.3. Each Participant is given an individual safety buoy for the duration of the distance.

12.4. Medical support is provided by ambulances with the necessary equipment in accordance with the regulatory legal acts in force on the territory of the swim.

12.5. The safety of Swim Participants and spectators at the venue of the main events of the Swim on land is provided by the Organizer through the hiring of a private security company (PSC).

12.6. The Organizers are not responsible for the Participants who do not comply with the rules of the swim and the instructions of the Organizers.

13. Photo and video shooting.

13.1. The Organizer has the right, without any notification, compensation to the Participant or liability, to make a photo and video recording of the Participant during the Swim, to use photo, audio and / or video materials with the participation of the Swim Participant in promotional, advertising and other publications in the printing industry, on radio, television, the Internet and other sources without limitation of the terms and places of use of these materials, as well as the right to edit such materials and transfer them to third parties.

14. Personal data.

14.1. The fulfilment by the Swim Participant of payment actions of the registration fee automatically means the full and unconditional acceptance (accept) by the swim Participant of the terms of the public contract-offer, including agreement on the processing of their personal data by the Organizer.

14.2. When filling out the registration web-form for the Event, the Swim Participant provides the Organizer with the following information, which is the personal data of the Swim Participant: surname, first name, patronymic, gender, date of birth, contact information (phone, email, city), company, club, phone of a relative to whom it possible to contact in case of an accident with a Participant. When filling out an application for participation in the Event, the Swim Participant provides the Organizer with information about passport data.

14.3. Personal data processing means: collection, systematization, accumulation, clarification, updating, modification, use, distribution, transfer, including cross-border, depersonalization, blocking, destruction, storage, and any other actions (operations) with personal data. The processing of personal data of the Swim Participant can be carried out with the help of automation tools and / or without the use of automation tools in accordance with the current legislation on the territory of the swim.

14.4. The processing of personal data of the Swim Participant is carried out solely for the purpose of fulfilling the terms of this public offer agreement and the Regulations on the swim, including for registration of the Swim Participant for the Event, formation of start and finish protocols, sending e-mail messages and SMS notifications to the Swim Participant containing information about the Event and any other information, concerning the Participant of the swim and related to the Event.

14.5. The Organizer takes the necessary legal, organizational and technical measures or ensures their adoption to protect personal data from unauthorized or accidental access to them, destruction, modification, blocking, copying, provision, dissemination of personal data, as well as from other illegal actions with respect to personal data, and also undertakes to maintain the confidentiality of personal data Participants of the swim. The Organizer has the right to involve subcontractors for the processing of personal data of Swim Participants, and also has the right to transfer personal data for processing to its affiliates (the list of persons is kept by the Organizer's representatives and can be provided to the Participant upon request), while ensuring that such subcontractors and affiliates accept the corresponding obligations regarding the confidentiality of personal data.

14.6. The date of issue of consent to the processing of personal data of the Swim Participant is the completion by the Swim Participant of actions to pay the cost of the registration fee. The consent is valid for 20 (twenty) years from the date of transfer of personal data transfer.

14.7. Consent to the processing of personal data may be revoked by a Swim Participant on the basis of a written application in any form addressed to the Organizer and sent to him at: welcome@x-waters.com.

15. Protests.

15.1. Claims based on the results of the swim are accepted during the day of the swim and two days after the swim.

15.2. If the Organizers have doubts about the validity of the claim, the claim is sorted out after the deposit of 1000 rubles / 20 Euro. The deposit is refunded if the assumptions set out in the claim are confirmed.

15.3. The protocols of the swim can be specified within three days after the swim, after that they are considered official and final.

This Regulations may be changed or terminated by the Organizers unilaterally without prior notice to the Participants and without payment of any compensation in this regard.

This Regulations is an official invitation-call to participate in the Swim.

Dear participant of the swim! It is highly unlikely that any of the risks listed below may happen, however, we are obliged to notify you of potential threats and make sure that you are ready to bear responsibility for your actions or inaction.

Organizer of the swim, Multisport Akademija MAYER, Montenegro

Application for participation in the swim

I, (Full name)

" ____ " _____ year of birth, resident(s) at: _____

passport (serial number) _____, issued " ____ " _____ year _____,

Issued by

whom _____

Tel. _____ The phone number of the next of kin for emergencies _____.

Having full freedom of expression, being in a state that allows you to fully realize and adequately assess your physical form, health and level of sports skills, adequately assessing the degree of risk, I ask to allow me to participate in the swim _____ 20__ year.

I am fully INFORMED and HAVE REALIZED that open water swim can be a source of increased danger, injuries of varying severity and even death.

I am AWARE of the swim Regulations, I undertake to follow the rules of the swim, the instructions of the Organizers, judges and rescuers.

I undertake to provide all necessary documents, as well as mandatory to insure my life and health from accidents that may occur during the swim.

I ACCEPT full responsibility for all of my actions (or inaction) made within and in connection with the swim.

In the event that during my participation in the swim, or as a result of my participation in the swim, I get injured neither I, nor my family members, nor other executors WILL HAVE ANY CLAIMS (material or moral), neither to the judges, nor to the Organizers, nor to any other representative of Organizer nor to other participants of the swim, regardless of the circumstances under which this injury (or other harm to health) took place.

I give my consent to Organizer for the use of my photo, video and other materials created during the swim.

I am FAMILIAR with the recommendations of the Ministry of Health of the Russian Federation on the prevention of COVID-19. And I will not make claims to the Organizers or other participants of the Swim in case of my infection with coronavirus infection.

I undertake to independently monitor my health and, in case of deterioration of health, immediately notify the Organizers and consult a doctor.

Medical contraindications for participation in the swim

- clinically significant circulatory failure;
- exacerbation of chronic coronary insufficiency;
- myocardial infarction (less than 12 months ago);
- aneurysm of the heart and aorta;
- threat of thromboembolic complications;
- threat of bleeding;
- organic diseases of the nervous system with a violation of its functions;
- blood diseases;
- malignant neoplasms;
- cholelithiasis and urolithiasis with frequent pain attacks;
- acute inflammatory diseases of the kidneys;
- myocarditis of any etiology;
- majority of heart defects;
- acute infectious diseases and their exacerbations;
- arterial hypertension;
- cardiac hypertrophy;
- pulmonary insufficiency with a decrease in HD;
- pregnancy over 22 weeks;
- obesity, 3-4 degree;
- significant myopia with changes in the fundus;
- diabetes mellitus (severe form)

I AM AWARE with the above list of medical contraindications and I CONFIRM I have no such contraindications, as well as any other circumstances that may interfere with my safe participation in the swim.

I CONFIRM my voluntary desire to participate in the swim.

I have carefully studied this document on the withdrawal of claims and exemption from liability, fully understood and AGREED with its content and SIGNED it voluntarily.

(Full name): _____

Signature: _____

Date of completion: « ____ » _____ 20__

Dear participant of the swim! It is highly unlikely that any of the risks listed below may happen, however, we are obliged to notify you of potential threats and make sure that you are ready to bear responsibility for your actions or inaction.

Organizer of the swim, Multisport Akademija MAYER, Montenegro

Application for participation in the X-KIDS swim

I (Full name) _____

" ____ " _____ year of birth, resident(s) at: _____

_____ passport (serial number)

_____, issued " ____ " _____ year _____, by whom

_____ phone _____

Phone number of the next of kin for emergencies _____, the legal representative of the participant acting on the basis of _____, having full freedom of expression, being in a state that allows you to fully realize and adequately assess the physical form, health status and level of sports skills of the participant, adequately assessing the degree of risk, I ask to admit (Full name) _____

" ____ " _____ year of birth, resident(s) at: _____

_____ (identity document)

_____ k participation in the swim _____ year.

I am fully INFORMED and REALIZED that swimming in open water can be a source of increased danger, injuries of varying severity and even death.

I am FAMILIAR with the Regulations of the swim, I undertake to comply with the rules of the swim, the requirements of the Organizers, judges and rescuers.

I undertake to provide all the necessary documents.

I TAKE full responsibility for all actions of the participant (or inaction) performed within and in connection with the swim.

If, while participating in the swim, or as a result of participation in the swim, the participant receives harm to health or injuries of any severity, neither I, nor my family members, or other executors WILL HAVE ANY CLAIMS (material and moral), neither to the judges, nor to the Organizers, nor to any to another representative of the Organizer, nor to other participants of the swim, regardless of the circumstances under which this injury (or other harm to health) took place.

I GIVE my consent to the Organizer for the use of photos, videos and other materials with the participation of my ward created during the swim.

I am FAMILIAR with the recommendations of the Ministry of Health of the Russian Federation on the prevention of COVID-19. And I will not make claims to the Organizers or other participants of the Swim in case of my infection with a coronavirus infection. I undertake to independently monitor my health and, in case of deterioration of health, immediately notify the Organizers and consult a doctor.

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I AM AWARE with the above list of medical contraindications and I CONFIRM I have no such contraindications, as well as any other circumstances that may interfere with my safe participation in the swim.

I CONFIRM my voluntary desire to participate in the swim.

I have carefully studied this document on the withdrawal of claims and exemption from liability, fully understood and AGREED with its content and SIGNED it voluntarily.

(Full name): _____

Signature: _____

Date of completion: « ____ » _____ 20__