

RACEBOOK

11-12 MAY 2024
#conquerthecastle

 **X·WATERS**
TÜRKİYE ALANYA
1 MILE, 3K, 5K
X-KIDS 500m





X-WATERS TÜRKİYE ALANYA 2024 RACEBOOK

#ConquerTheCastle

11-12 May 2024, Alanya/Antalya/TÜRKİYE

Welcome

Dear swimmers, coaches, and spectators,

It is with great excitement and anticipation that we extend a heartfelt welcome to the X-WATERS Türkiye Alanya Open Water Swimming Race. This event, set against the breathtaking backdrop of Alanya's coastal beauty, embodies the spirit of exploration, endurance, and camaraderie. It is a celebration of the indomitable human spirit and the boundless possibilities that lie beyond the shore.

To our courageous swimmers, you are the heart and soul of this race. With each stroke, you epitomise determination, resilience, and the unwavering pursuit of excellence. May the currents guide you, the rhythm of the waves propel you forward, and the thrill of the open water inspire you to new heights.

And to our passionate spectators, your presence adds an electric energy to the atmosphere. Whether you're cheering from the shoreline or following the race from afar, your unwavering support is a testament to the unbreakable bond that unites us all.

On behalf of the organizing committee, we extend our deepest gratitude to all who have contributed to the success of X-WATERS Türkiye Alanya. From our dedicated volunteers to our generous sponsors, your support has been instrumental in bringing this vision to life.

Welcome to X-WATERS Türkiye Alanya Swimming Race - where every stroke is a testament to the human spirit and every finish line is a victory worth celebrating.

Swim boldly, savor every moment of this incredible journey and conquer the castle of Alanya

**Warm regards,
Onur Şentürk
Race Director**



PARTNERS OF THE EVENT



PROGRAM OF THE EVENT

DATE	TIME	EVENT	LOCATION
Saturday , May 11			
10:00	18:00	Race Kit Pick Up	Keykubat
13:00		500m X-Kids	Keykubat
15:00	15:30	Race Briefing - 5K	Keykubat
16:15	19:15	Start 5K	Cook's Club Hotel
	19:15	Award Ceremony	Keykubat

DATE	TIME	EVENT	LOCATION
Sunday , May 12			
08:00	09:30	Late Race Kit Pick Up	Keykubat
09:00	09:30	Race Briefing - 1 Mile	Keykubat
	09:40	Warm Up with MAC Fit	Keykubat
10:00	11:30	Start 1 Mile	Keykubat
12:00	12:30	Race Briefing - 3K	Keykubat
13:00	15:00	Start 3K	Keykubat
	17:00	Award Ceremony	Keykubat

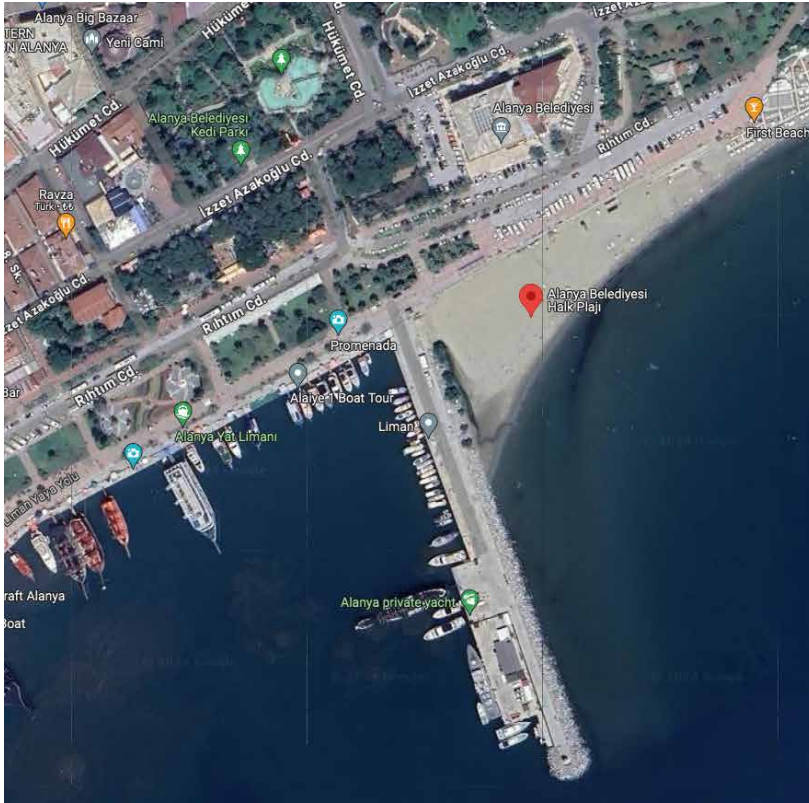
EVENT LOCATION

DISTRIBUTION OF STARTER PACKS :

Keykubat Beach, Alanya

Race start for Kids, 1 Mile and 3K: Keykubat Beach, Alanya

Location : <https://maps.app.goo.gl/QCCA79EDsh1SaBgE8>



RACE START FOR 5K:

Cook's Club Hotel, Alanya

Location: <https://maps.app.goo.gl/NWeo4ia4EUUUNdHx5>



TRANSFERS AND ACCOMMODATION

***Airport Transfers With
<https://www.724transfer.com>***

***The participants of X-WATERS Türkiye Alanya is getting a
%15 discount with our partner 724transfer.com.
Use the code XWATERS***

How to book a transfer?

*Enter the partner website <https://www.724transfer.com/>
Enter your travel details and your hotel
Enter your discount code: XWATERS
Choose your payment method credit card or on-site
(Russian guests can pay in Rubles on-site)*

*If you need any assistance contact
Phone : +90 242 511 11 00 (whatsapp)
Email : info@724transfer.com*

OFFICIAL RACE PACKAGES

*Get Ready for the X-WATERS Türkiye Alanya Open Water Swimming
Race! Accommodation Packages at Cook's Club Await You!*

*For more information and reservation please visit:
<https://www.sedoxy.com/x-waters-offical-packages>*

DELIVERY OF STARTER PACKAGES

*The starter packages will be delivered during the expo at Keykubat Beach
May 11 from 10:00 to 18:00*

*The late race package distribution will be
May 12 from 08:00 - 09:30*

To get your starter package, please prepare:

- *Passport / ID card or its equivalent*
- *Medical certificate. We accept copies only with originals*
- *Filled and signed Swim Application.*
- *The application can be found in Annex 1 in the regulations*
- *Turkish Swimming Federation Swimming License
(For the citizens of Türkiye)*

THE STARTER PACKAGE INCLUDES:

- *Official Swimming Cap
(different colour for different distances)*
 - *Bracelet with your race number*
 - *Plastic drop bag
(you can leave your drop bags in the venue or in the 5K start area)*
- Promotional materials*

*P.S: Please do not leave any valuables in the drop bags such as wallets, mobile phones etc.
The organisation does not take the responsibility for such belongings.*

Starter package can be received by the participant personally

Receiving the package for someone else is not allowed and prohibited

RACE BRIEFINGS

There will be an individual race briefing for every distance one hour before the race start. Please check the event schedule for the details.

Equipment

- At water temperatures above 24 degrees the use of neoprene wetsuits is prohibited at all distances;*
- when the water temperature is above 18 degrees the use of wetsuits is allowed at all distances;*
- if the water temperature is below 18 degrees, the use of neoprene wetsuits is mandatory, at distances over 3 km, the use of full neoprene wetsuits is mandatory;*
- if the water temperature is below 16 degrees the use of neoprene full wetsuits is mandatory, changes in distances are possible up to cancellation;*
- if the water temperature is below 14 degrees, there may be changes in distances up to cancellation, the use of neoprene full wetsuits and neoprene helmets is mandatory.*

We recommend to bring your wetsuit in case it becomes mandatory

Limitations

The use of special devices, such as fins, paddles, mattresses, gloves with webbing, tubes, etc., with the exception of individual rescue buoys, wetsuits, neoprene gloves, socks, helmets, is prohibited. Each Participant during the swim is obliged to wear a swimming cap issued by the Organizers.

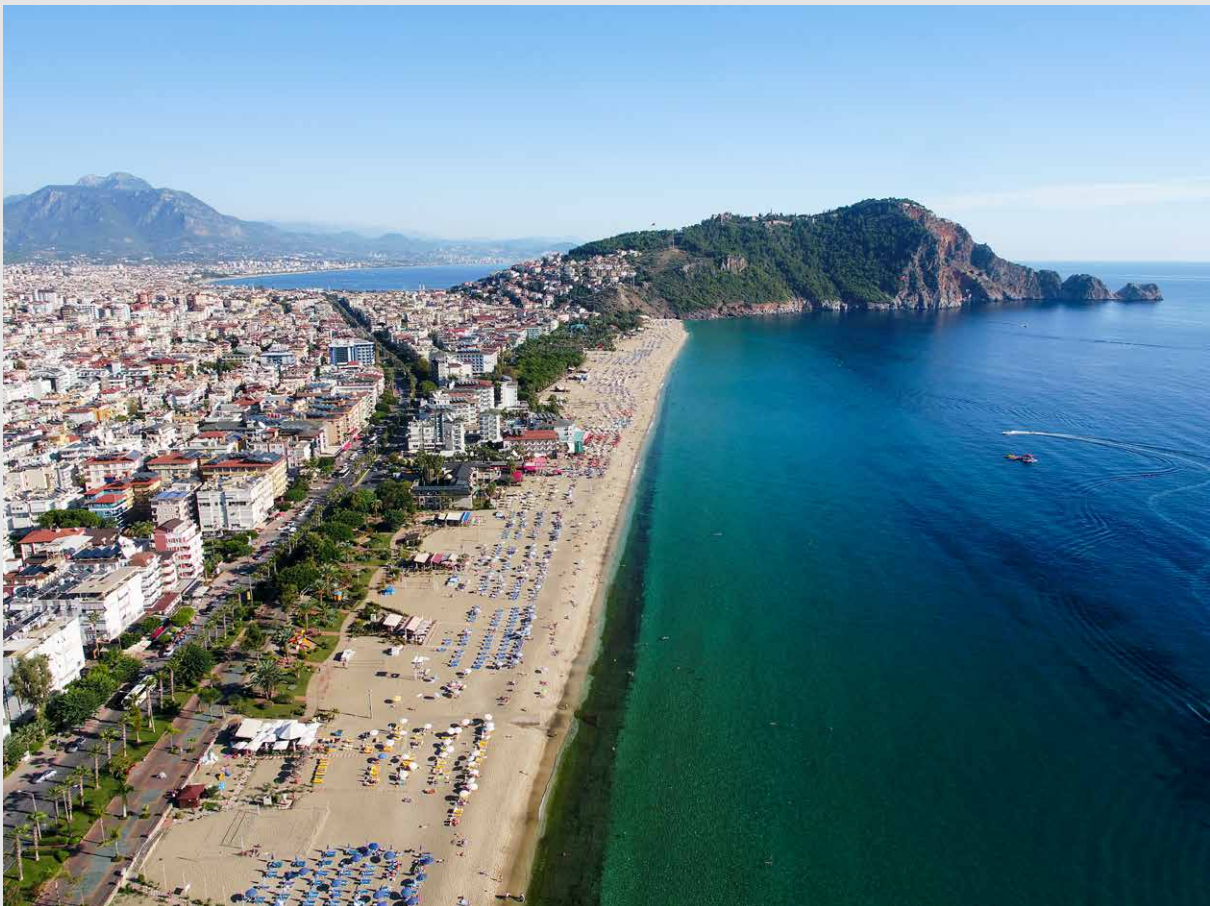
KEY SWIM RULES

Time Limits

- **1 MILE - 90 MINUTES**
- **3 KM - 120 MINUTES**
- **5 KM - 180 MINUTES**

The participants who failed to finish the race before the cut off times will be taken to the boats by the organisers. The organiser are not responsible for the participants who decided to continue the race after the cut off times

Post information about briefing, time limits, use of safety buoys and electronic chips, disqualification etc. This information can be found in the swim regulations.



SAFETY

Medical Aid

There will be a medical tent in the event venue. If you do not feel well during the race please raise your hand and the closest boat will come to help. The medical personnel or the first responders can remove you from the course if you demonstrate a state of excessive fatigue, malaise, overheating or cold

We recommend having a full physical examination before the race. The medical certificate we ask for the registration is for your safety.

To make your X-WATERS Türkiye Alanya experience better;

- *Come to the starting area in advance, do not be late*
- *Have a good rest before the swim, do not overheat, do not drink alcohol*
- *Swimming even at a short distance should not be your first swimming experience in open water*
- *Study the distance plan, carefully listen at the briefing. Feel free to ask questions to the organizers*
- *0-15 minutes before the start, do your usual exercises to warm-up. Try go into the water*
- *Use proven equipment on the day of the swim. Bring extra swim goggles.*
- *Relax and focus on breathing techniques*
- *Do not hesitate to relax a little at a distance, holding on to your individual buoy.*

DISTANCE PLAN

500m kids' swim

Start from Keykubat beach. The course is counter-clockwise. The first buoy is 200m from the start. The 500m course finishes at the same place as the start. Detailed information about the routing will be announced at the pre-start briefing.

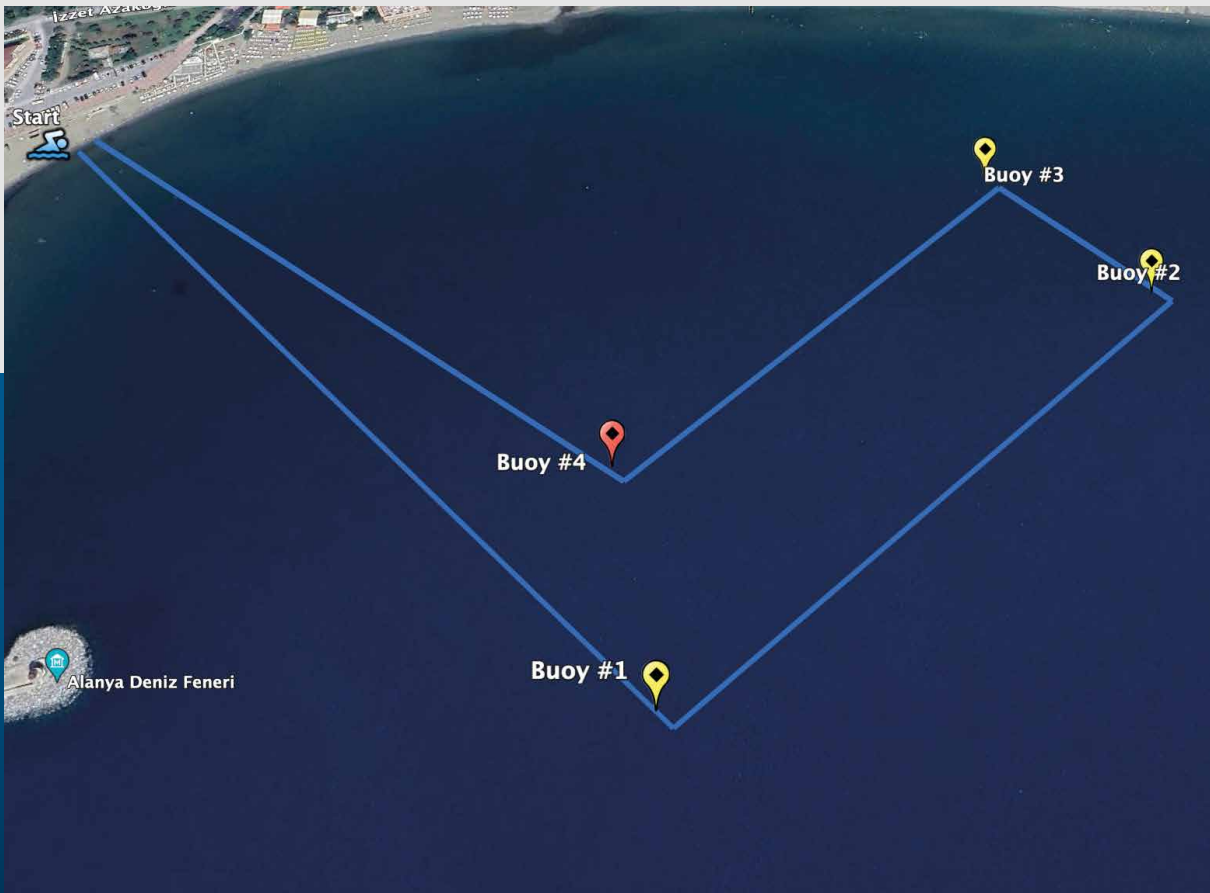
Kids swims are fun races. Each kid will receive a swim cap and a medal. No special permissions are required to participate in the kids swim. A liability form needs to be signed by the legal guardians prior to the race.



DISTANCE PLAN

1 mile

Start/finish is at the Keykubat Beach. The course is counter-clockwise. The first buoy is 500m from the start. The 1 mile course finishes at the same place as the start. Detailed information about the routing will be announced at the pre-start briefing.



DISTANCE PLAN

3 km

Start/finish is at the Keykubat Beach. The course is counter-clockwise. The first buoy is 500m from the start. The course is 2 laps of 1500m. Swimmers will go out of the water after the first lap and start the second loop after that. The 3 km course finishes at the same place as the start. Detailed information about the routing will be announced at the pre-start briefing.



DISTANCE PLAN

5 km

The race start is at the Kleopatra Beach (Cook's Club Hotel). The course is counter-clockwise. The first buoy is 500m. The course goes around Alanya Castle. Detailed information about the routing will be announced at the pre-start briefing.



WEATHER CONDITIONS

The forecasted weather for May 11-12:

Air temperature: 24-26 C

Sunny weather with clear skies, in the evenings it may be windy and cool we recommend to bring a light jacket

Water temperature: 23-24 C

P.S.: We can not guarantee any weather conditions. The information of the water temperature and the use of wetsuits will be announced on the day of swim.



AFTER THE SWIM

Get your participant's medal right after crossing the finish line! Take part in the award ceremony

The winners are awarded as follows, 3 winners in the categories “Men” and “Women” in absolute standings in all distances and 3 winners in the age groups in the categories “Men” and “Women” at the distance in 5 km. All participants in the children’s swim receive memorable medals

Age	Women	Men
<i>born 2015-2012</i>	<i>F10</i>	<i>M10</i>
<i>born 2011-2007</i>	<i>F13</i>	<i>M13</i>
<i>born 1995-2006</i>	<i>F18</i>	<i>M18</i>
<i>born 1985-1994</i>	<i>F30</i>	<i>M30</i>
<i>born 1975-1984</i>	<i>F40</i>	<i>M40</i>
<i>born 1965-1974</i>	<i>F50</i>	<i>M50</i>
<i>born 1964 and older</i>	<i>F60</i>	<i>M60</i>

The winners in the absolute standings will not be awarded in the age groups

Photographers will work at the swim: smile at them in the start and on the course

*The QR code on your bracelet leads to the race results.
If you can find your name in the results
please **contact us x-waters@sedoxy.com***

INFORMATION FOR FANS

- *Free admission to the event venue*
- *Tours and excursions*
- *Photo zones*
- *Cafes and restaurants close to the venue*
- *Exhibition of sports goods and nutrition*

YOU SHOULD SEE THESE!

1. Alanya Castle (Alanya Kalesi): Perched high on a rocky peninsula overlooking the Mediterranean Sea, Alanya Castle offers panoramic views of the city and coastline. Explore ancient ruins, historic walls, and picturesque towers dating back to the 13th century.

2. Cleopatra Beach (Kleopatra Plajı): Named after the legendary Egyptian queen, Cleopatra Beach boasts golden sands, crystal-clear waters, and a serene atmosphere. Relax under the sun, swim in the gentle waves, and soak in the beauty of one of Alanya's most iconic beaches.

3. Dim Cave (Dim Mağarası): Embark on a subterranean adventure at Dim Cave, one of Turkey's largest and most impressive caves. Marvel at stunning stalactites, stalagmites, and underground chambers as you journey deep into the heart of the earth.

4. Damlatas Cave (Damlatas Mağarası): Discover the natural beauty and therapeutic properties of Damlatas Cave, renowned for its unique formations and healing microclimate. Take a guided tour to learn about the cave's history and geological significance.

YOU SHOULD SEE THESE!

5. Red Tower (Kızıl Kule): A symbol of Alanya's rich maritime history, the Red Tower stands as a majestic landmark overlooking the harbor. Climb to the top for breathtaking views, explore the museum inside, and admire the architectural beauty of this iconic structure.

6. Alanya Archaeological Museum (Alanya Arkeoloji Müzesi): Delve into the region's rich history and cultural heritage at the Alanya Archaeological Museum. Discover artifacts, sculptures, and exhibits spanning thousands of years, from ancient civilizations to the Ottoman era.

7. Alanya Shipyard (Tersane): Step back in time at the Alanya Shipyard, one of the finest examples of Seljuk naval architecture. Explore the historic docks, towers, and warehouses, and imagine life in Alanya's bustling maritime past.

8. Alanya Cable Car (Teleferik): Soar high above the city on the Alanya Cable Car and enjoy breathtaking views of the coastline, mountains, and cityscape below. Ride to the hilltop for a scenic picnic, leisurely stroll, or thrilling zipline adventure.

9. Alanya Aquapark: Cool off and have fun at the Alanya Aquapark, a family-friendly attraction featuring exhilarating water slides, lazy rivers, and splash zones for all ages. Spend a day splashing, sliding, and making memories in the sun.

10. Alanya Harbor (Alanya Limanı): Wander along the picturesque harbor promenade, lined with charming cafes, restaurants, and shops. Watch fishing boats bobbing in the water, enjoy fresh seafood, and soak up the vibrant atmosphere of this bustling waterfront district.

ORGANISING COMMITTEE MEMBERS

ONUR ŐENTÜRK

- Race Director

GAYE MERAL KURUBAŐ

- Athlete's Services

OKAN KÖKSOY

- Operations

FARUK ŐENTÜRK

- Logistics and services





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