

**Regulations**  
**on the Second International Open Water Swim Competition**  
**X-WATERS Kazakhstan on August 9-10th, 2025**

Burabai, Kazakhstan, 2025

## **General information.**

**1.1.** Executive Director of the swim: Gordienko Denis Gennadievich.

**1.2.** The International swim X-WATERS Kazakhstan is held on August 9-10th in in Lake Borovoe, Burabai, Kazakhstan.

**1.3.** Distances (details on the website [x-waters.com](http://x-waters.com)):

- 500 m;
- 1 k;
- 4 k;
- 8 k;
- relay race 3x500 m;
- X-JUNIORS 500 m.

It is possible to register and take part in several distances (max 4), acceptable combinations: 1 k + 4 k, 1 k + 8 k, relay + 4 k, relay + 8 k, 500 m + 4 k, 500 m + 8 k.

**1.4.** Control time of passing distances:

- 500 m - 15 min;
- 1 k - 30 min;
- 4 k - 2 hours;
- 8 k - 4 hours;
- relay 3x500 m - 60 min;
- X-JUNIORS 500 m - 15 min.

**1.5.** Maximum number of swim participants: 1195 persons, distribution by distance. The Organizers have the right, but do not undertake, to increase or decrease the number of Participants.

**1.6.** 3 winners in the categories "Men" and "Women" in the absolute standings at all distances are subject to awarding. At distances where the number of registered Participants exceeds 60 people, diplomas are awarded in age groups. The number of categories for awarding can be increased at the discretion of the Organizer. In the relay (if relevant in accordance with clause 1.3.), the teams that took the first 3 places in the absolute standings without division into "Men" or "Women" and age categories are subject to awarding.

**1.7.** Registration for the swim is made on the official website of the series: [x-waters.com](http://x-waters.com)

**1.8.** Cases not considered in the Regulation are considered by the Organizing Committee in the current order.

## **2. Goals and objectives.**

**2.1.** Popularization of a healthy lifestyle and swimming.

**2.2.** Attracting tourists from among sports fans to the region.

**2.3.** Stimulating the growth of sports achievements in long-distance swims.

## **3. Management.**

**3.1.** The organizer of the swim: «Limitless SP».

**3.2.** The management of the swim is carried out by the Organizing Committee.

#### **4. Venue and time of the event.**

**4.1.** The schedule of the swim events is published on the official website of the swim (item 1.7.) simultaneously with the appointment of the start time.

**4.2.** The distance scheme is posted on the swim website (p. 1.7.).

**4.3.** The Organizers have the right to change the distance schemes and the start time by notifying the Participants on the swim website (p. 1.7.) and / or in the official channel of the swim in Telegram. The decision to change is made by the Executive Director of the swim taking into account weather conditions, water temperature, as well as the orders of the control bodies, security services and other government agencies.

#### **5. Participants of the competition.**

**5.1.** The age of the Participant for admission to the swim is determined by the passport (or other identity document) on the day of the swim. Age limit for distances:

- 1 k, 4 k, relay 3x500 m - from 14 years and older;
- 500 m, 8 k - from 18 years and older;
- X-KIDS 50 m - from 7 to 10 years old (if relevant in accordance with clause 1.3.);
- X-KIDS 200 m - from 9 to 17 years old (if relevant in accordance with clause 1.3.);
- X-JUNIORS 500 m - from 7 to 17 years old (if relevant in accordance with clause 1.3.).

**5.2.** The age group of the Participant for the award is determined by the number of full years as of December 31 of the year of the swim. This paragraph does not cancel the requirements of clause 5.1.

**5.3.** The use of wetsuits:

- at water temperatures above 24 degrees - the use of neoprene wetsuits is prohibited at all distances;
- when the water temperature is above 18 degrees - the use of wetsuits is allowed at all distances;
- if the water temperature is below 18 degrees, the use of neoprene wetsuits is mandatory, at distances over 3 km, the use of full neoprene wetsuits is mandatory;
- if the water temperature is below 16 degrees - the use of neoprene full wetsuits is mandatory, changes in distances are possible up to cancellation;
- if the water temperature is below 14 degrees, there may be changes in distances up to cancellation, the use of neoprene full wetsuits and neoprene helmets is mandatory.

**5.4.** The number of Participants in the relay (if relevant in accordance with clause 1.3.) must be equal to the number of relay stages.

#### **6. Registration.**

**6.1.** Registration is carried out online on the official website (clause 1.7.). After registration, the Participant receives a confirmation letter to the specified email address and the slot for the swim appears in the Participant's personal account on the official website. In case of absence of a letter in the mail or a slot in your personal account, you must contact the Organizer by mail indicated on the official website of the swim.

**6.2.** When registering, the Participant is obliged to provide personal data in accordance with the identity document.

**6.3.** A participant is considered registered if he has filled out the registration form and paid the registration fee.

**6.4.** The registration fee is spent on organizational needs. The amount of the contribution can be found on the official website (clause 1.7.). All financial issues are regulated by the offer agreement published on the website.

**6.5.** The paid registration fee is not refundable.

**6.6.** The registration of the Participant is cancelled if the Participant provides false, inaccurate or incomplete data. In case of cancellation of registration, the funds will not be returned (for more details in the offer agreement, clause 5.).

**6.7.** The transfer of paid participation to other persons is regulated by the offer agreement posted on the website.

**6.8.** By registering, the Participant confirms his agreement with all the clauses of this Provision and the public offer agreement.

## **7. Admission to the swim.**

**7.1.** In order to be admitted to the swim and receive the starting kit before the start, Participants must provide:

- a passport or other identity document (a driver's license is not an identity document)
- a completed and signed "Application for participation in the swim", in which he relieves the Organizers of responsibility for possible damage to life and health that occurred during the swim (Appendix 1).

**7.2.** To be allowed to swim and receive a starting kit at all X-KIDS and X-JUNIORS distances (if relevant in accordance with clause 1.3.), as well as at distances (in accordance with clause 5.1.) where participation of minors (persons under the age of 18) is allowed, Participants must provide:

- a parent's passport or a child's birth certificate
- a completed and signed "Application for participation in the swim", in which the Legal Representative of the Participant relieves the Organizers of responsibility for possible damage to the life and health of the Participant that occurred during the swim (Appendix 2).

**7.3.** Starter packages are issued only to the Participant personally. Receiving packages for other persons and transferring packages to other persons is prohibited. When issuing the starter package, after checking all the documents, a Participant's bracelet is attached to the Participant's hand. It is forbidden to remove the bracelet before the end of the competition. The absence of a bracelet from a Participant for the competition leads to his disqualification.

**7.4.** All Participants are required to attend the pre-launch briefing. The exact information about the place and time of the briefing will be indicated on the website (item 1.7.).

**7.5.** All points of this section are mandatory, failure to comply with any of them entails the removal of the Participant from the swim without any refunds.

## **8. Starter pack and chip.**

**8.1.** Time measurement is performed at all distances.

**8.2.** The starter package includes:

- individual swimming cap;
- informational materials.

**8.3.** An individual safety buoy is issued together with the launch package or directly at the launch point. The exact information about the receipt of an individual insured buoy is announced at the pre-launch briefing. At distances over 9 km, it is allowed to swim with your orange safety buoy without the symbols of other swimming starts.

**8.4.** Participants are allowed to start the swim only with an electronic chip (when using electronic timing), a safety buoy and in the issued The organizers of the swimming cap. The chip and buoy should be secured in accordance with the instructions of the Organizers. Incorrect fixing of the chip can make it impossible to fix an individual result. At the end of the swim, the chip and the safety buoy must be handed over to the Organizers.

## **9. Awarding.**

**9.1.** Participants are to be awarded in accordance with clause 1.6.

**9.2.** Age groups (in accordance with clause 1.6. awarding in age groups is carried out at those distances where the number of registered Participants exceeds 60 people):

Age	Women	Men	Years old
born 2018-2017	F8	M8	7-8 years old
born 2016-2015	F10	M10	9-10 years old
born 2014-2012	F13	M13	11-13 years old
born 2011-2010	F15	M15	14-15 years old
born 2009-2008	F17	M17	16-17 years old
born 1996-2007	F18	M18	18-29 years old
born 1986-1995	F30	M30	30-39 years old
born 1976-1985	F40	M40	40-49 years old
born 1966-1975	F50	M50	50-59 years old
born 1965 and older	F60	M60	60 years old and older

**9.3.** All finishers within the time limit are awarded the finisher's medal.

**9.4.** The participants who took the prize in the absolute do not participate in the awarding in the age categories. Awarding in age categories occurs with a shift of position by 1, 2 or 3 places, depending on whether someone from this category was awarded in absolute.

**9.5.** The winners in the absolute are determined by the principle of guntime, the winners in the age groups are determined by chiptime.

**9.6.** At the X-KIDS distances, all finishers are awarded a finisher's medal. Awards in absolute terms and in age groups are not made.

## **10. Withdrawal from the race.**

**10.1.** If a Participant decides to stop his participation in the swim, he must inform the Organizers about it and return the electronic chip and the safety buoy, this can be done in the starting town or at the starting point. The exact location of the starting town and the starting point are indicated on the website (p. 1.7.)

**10.2.** The medical staff, judges and/or other representatives of the Swim Organizer have the right to remove the Participant from the race at any time, if they deem it necessary, due to weather and/or other conditions that prevent the safe conduct of this swim.

**10.3.** If there is a mandatory individual escort at the distance and the individual escort cannot continue the distance for any reason, the Participant is subject to withdrawal and disqualification, without reimbursement of the registration fee for participation in the swim.

## **11. Disqualification.**

**11.1.** The Organizers have the right to disqualify a Participant if they have reasonable concerns about his health, if the Participant does not comply with the rules of the swim and the provisions of this Provision, interferes with other Participants, otherwise hinders the swim.

**11.2.** A control time is valid at all swimming distances (clause 1.4.). A participant may be removed from the swim if he does not meet the allotted limit of the control time. All participants who did not meet the allotted time limit will be disqualified in the finish protocols, points for the X-WATERS World Championship will not be awarded for this swim.

**11.3.** If the Participant does not comply with the request of the accompanying persons to board the boat, he is disqualified, the finisher's medal is not awarded, all responsibility for his health is removed from the Organizer.

**11.4.** The participant is removed from the swim if he does not cope with the current and turns out to be below the control marks (if they are in clause 1.4.). The Organizers explain the rules for passing the control marks at the pre-start briefing.

**11.5.** Each Participant during the swim must fasten an individual buoy provided by the Organizers on his belt. A participant finishing without a buoy is disqualified and reimburses the Organizers for the cost of the buoy.

**11.6.** The use of special devices, such as fins, paddles, mattresses, gloves with webbing, tubes, etc., with the exception of individual rescue buoys, wetsuits, neoprene gloves, socks, helmets, is prohibited at all distances, except those where it is allowed and described in clause 1.3.

**11.7.** Each Participant during the swim is obliged to wear a swimming cap issued by the Organizers. Participation in the swimming cap TOP 100 X-WATERS World Championship is allowed. A participant finishing without a cap may be disqualified.

## **12. Ensuring security.**

**12.1.** The overall responsibility for ensuring the safety of the swim is assigned to the Organizer.

**12.2.** In order to ensure the safety of Participants on the water, escort by boats, boats with rescue groups and/or other swimming facilities is organized.

**12.3.** Each Participant is given an individual safety buoy for the duration of the swim.

**12.4.** Medical support is provided by a team or ambulance teams with the necessary equipment in accordance with the regulatory legal acts in force on the territory of the swim.

**12.5.** The safety of Swim Participants and spectators at the venue of the main events of the swim on land is provided by the Organizer through the hiring of a private security company (PSC).

**12.6.** The Organizers are not responsible for the Participants who do not comply with the rules of the swim and the instructions of the Organizers.

### **13. Photo and video shooting.**

**13.1.** The Organizer has the right, without any notification, compensation to the Participant or liability, to make a photo and video recording of the Participant during the swim, to use photo, audio and / or video materials with the participation of the Swim Participant in promotional, advertising and other publications in the printing industry, on radio, television, the Internet and other sources without limitation of the terms and places of use of these materials, as well as the right to edit such materials and transfer them to third parties.

### **14. Personal data.**

**14.1.** The performance by the Swim Participant of actions to pay the registration fee automatically means the full and unconditional acceptance (acceptance) by the swim Participant of the terms of the public contract-offer, including consent to the processing of their personal data by the Organizer.

**14.2.** When filling out the registration web-form, the Swim Participant provides the Organizer with the following information, which is the personal data of the Swim Participant: surname, first name, patronymic, gender, date of birth, contact information (phone, email, city), company, club, phone of a relative to whom you can contact in case of an accident with the ParticipantM. When filling out the application for participation in the swim, the Participant provides the Organizer with information about passport data.

**14.3.** Personal data processing means: collection, systematization, accumulation, clarification, updating, modification, use, distribution, transfer, including cross-border, depersonalization, blocking, destruction, storage, and any other actions (operations) with personal data. The processing of personal data of the Swim Participant can be carried out with the help of automation tools and / or without the use of automation tools in accordance with the current legislation on the territory of the swim.

**14.4.** The processing of personal data of the Swim Participant is carried out solely for the purpose of fulfilling the terms of this public offer agreement and the Regulations on the swim, including for registration of the Participant in the swim, formation of start and finish protocols, sending e-mail messages and SMS notifications containing information about the swim and any other information to the Participant after the swim information concerning the Participant and the swim itself.

**14.5.** The Organizer takes the necessary legal, organizational and technical measures or ensures their adoption to protect personal data from unlawful or accidental access to them, destruction, modification, blocking, copying, provision, dissemination of personal data, as well as from other unlawful actions with respect to personal data, and also undertakes to maintain the confidentiality of personal dataParticipants of the swim. The organizer has the right to involve subcontractors for the processing of personal data of Swim Participants, and also has the right to transfer personal data for processing to its affiliates, while ensuring that such subcontractors and affiliates accept the corresponding obligations regarding the confidentiality of personal data.

**14.6.** The date of consent to the processing of personal data of the Swim Participant is the date when the Swim Participant performs actions to pay the registration fee. The consent is valid for 20 (twenty) years from the date of transfer of personal data.

**14.7.** Consent to the processing of personal data may be revoked by a Swim Participant on the basis of a written application in any form addressed to the Organizer and sent to him at: [welcome@x-waters.com](mailto:welcome@x-waters.com).

## **15. Protests.**

**15.1.** Claims based on the results of the swim are accepted during the day of the swim and two days after the swim.

**15.2.** If the Organizers have doubts about the validity of the claim, the claim is sorted out after the deposit of 1000 rubles / 20 Euro. The deposit is refunded if the assumptions set out in the claim are confirmed.

**15.3.** The protocols of the swim can be specified within three days after the swim, after that they are considered official and final.

**This Regulation may be changed or terminated by the Organizers unilaterally without prior notice to the Participants and without payment of any compensation in this regard.**

**This Regulation is an official invitation-call to participate in the swim.**



**WAIVER AGREEMENT**

Disclaimer of claims/exemption from liability for competitors (18 years and older)

FCs: \_\_\_\_\_

Address: \_\_\_\_\_

My phone number: \_\_\_\_\_ the phone number of the authoriz person \_\_\_\_\_

In connection with my participation " " \_\_\_\_\_ G. in competitions \_\_\_\_\_

I, the undersigned, confirm, acknowledge and on my own behalf agree to the following:

1) The specified event assumes the presence of significant risks of injury. Despite the fact that compliance with certain rules, technical standards, the use of special equipment and personal discipline can reduce these risks, the risk of serious injury remains. I confirm that my physical form and training meet the requirements for the participants of these competitions. I am aware that these competitions may result in serious injuries.

2) I consciously and voluntarily assume responsibility for these risks, both known and unknown, including risks arising from negligence on the part of persons released from liability or other persons, and assume full responsibility for my participation in the event.

3) I voluntarily agree to comply with all officially approved and generally accepted requirements, technical standards and conditions of participation. If, during my presence or participation in an event, I detect a non-standard significant threat, I undertake to terminate my participation in such an event and immediately bring information about such a threat to the attention of an official who is in the nearest accessibility.

4) I, on my own behalf and on behalf of my heirs, legal successors, personal representatives and next of kin, hereby release from liability and prosecution the organizers of the event, their employees, officials, agents, and/or employees, other participants, financing organizations, sponsors, advertisers, in case of causing any injury, disability, death, damage or damage caused to a person or property due to the negligence of persons exempt from liability, or any other reason to the fullest extent permitted by law.

5) I hereby give my consent to the organizers of the event to photograph, record my voice and performances, as well as use my photographs, silhouette images and other materials involving the reproduction of my appearance and voice for marketing purposes within the framework of these competitions and competitions that will be held in subsequent years.

6) I acknowledge that audio, video, film and/or photography of my performance may be carried out, and by giving consent to photography and/or videography, I transfer the rights listed in paragraph 5 above to the organizers of the events free of charge and free of charge.

**I HAVE READ THIS AGREEMENT ON WAIVER OF CLAIMS AND ACCEPTANCE OF RISKS. I FULLY UNDERSTAND THE MEANING AND SIGNIFICANCE OF ALL THE ABOVE CONDITIONS. I AM PHYSICALLY HEALTHY AND FAMILIAR WITH THE SITUATION. I AM RESPONSIBLE FOR MY LIFE AND HEALTH MYSELF. I AM SIGNING THIS DOCUMENT VOLUNTARILY AND WITHOUT ANY COMPULSION.**

surname \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

**ШАҒЫМДАРДАН БАС ТАРТУ ТУРАЛЫ КЕЛІСІМ**

Жарысқа қатысушылар үшін шағымдардан бас тарту/жауапкершіліктен босату (18 жас және одан жоғары)

Ата-анасының аты-жөні: \_\_\_\_\_

Баланың аты-жөні: \_\_\_\_\_

Мекен-жайы: \_\_\_\_\_

Менің телефон нөмірім: \_\_\_\_\_ жауапты адамның телефон нөмірі: \_\_\_\_\_

« \_\_\_\_ » \_\_\_\_\_ ж өтетін \_\_\_\_\_ жарыстарына қатысуыма байланысты мен, төменде қол қоюшы, төменде көрсетілгендерді растаймын, мойындаймын және өз атымнан келісім беремін:

1. Аталған іс-шара жарақат алудың елеулі тәуекелдерінің болуын болжайды. Белгілі бір ережелерді, техникалық нормаларды сақтау, арнайы жабдықтарды пайдалану және жеке тәртіп осы тәуекелдерді төмендетуі мүмкін болғанымен, ауыр жарақат алу қаупі сақталады. Менің дене шынықтыру дайындығым осы жарыстарға қатысушыларға қойылатын талаптарға сәйкес келетінін растаймын. Бұл жарыстарда ауыр жарақат алатынымды түсінемін.

2. Мен осы белгілі және белгісіз тәуекелдер үшін, соның ішінде жауапкершіліктен босатылған адамдардың, басқа адамдардың әрекеттерінен туындаған тәуекелдер үшін жауапкершілікті саналы түрде және ерікті түрде өзіме аламын. Менің іс-шараға қатысқаным үшін толық жауапкершілікті өзіме қабылдаймын.

3. Мен барлық ресми бекітілген және жалпы қабылданған талаптарды, техникалық нормалар мен қатысу шарттарын сақтауға өз еркіммен келісемін. Егер мен іс-шараға қатысу кезінде стандартты емес елеулі қауіп-қатерді байқасам, өзімнің іс-шараға қатысуымды тоқтатуға және қауіп-қатер туралы ақпаратты жақын жердегі лауазымды адамның назарына дереу жеткізуге міндеттенемін.

4. Мен өз атымнан және өзімнің мұрагерлерімнің, құқық мирасқорларының, жеке өкілдерімнің және жақын туыстарымның атынан іс-шараны ұйымдастырушыларды, олардың қызметшілерін, лауазымды адамдарын, агенттерін және/немесе қызметкерлерін, басқа да қатысушыларды, қаржыландырушы ұйымдарды, демеушілерді, жарнама берушілерді, жауапкершіліктен босатылған адамдардың немқұрайлылығы себебінен немесе заңмен толық рұқсат етілген өзге де себеппен кез келген жарақат алу, еңбекке жарамсыздық, өлім адамға немесе мүлікке келтірілген зардап болған жағдайда жауапкершіліктен және сотпен қудалаудан босатамын.

5. Осымен мен іс-шараның ұйымдастырушыларына фотосуретке түсіруге, менің дауысым, сөйлеген сөздерімді жазуға, сондай-ақ келесі жылдары өткізілетін жарыстар шеңберінде маркетингтік мақсаттар үшін менің сыртқы келбетімді, дауысымды, менің фотосуреттерімді, силуэттік бейнелерімді және басқа да материалдарды пайдалануға келісім беремін.

6. Мен сөйлеген сөзімді аудио -, бейне -, кино - және/немесе фотоға түсіру жүргізілуі мүмкін екенін мойындаймын және фототүсірілімге және/немесе бейнетүсірілімге келісім бере отырып, жоғарыда 5-тармақта көрсетілген құқықтарды іс-шараларды ұйымдастырушыларға өтеусіз және тегін беремін.

ШАҒЫМДАРДАН БАС ТАРТУ ЖӘНЕ ТӘУЕКЕЛДЕРДІ ҚАБЫЛДАУ ТУРАЛЫ ОСЫ КЕЛІСІММЕН ТАНЫСТЫМ. МЕН ЖОҒАРЫДА КӨРСЕТІЛГЕН ТАЛАПТАРДЫҢ БАРЛЫҚ МАҒЫНАСЫ МЕН МАҢЫЗЫН ТОЛЫҚ ТҮСІНЕМІН. МЕНІҢ ДЕНІМ САУ, ШАРТТАРМЕН ТАНЫСТЫМ. МЕН ӨЗ ӨМІРІМ МЕН ДЕНСАУЛЫҒЫМ ҮШІН ЖАУАПТЫМЫН. МЕН ОСЫ ҚҰЖАТҚА ЕРІКТІ ТҮРДЕ ЖӘНЕ ЕШ МӘЖБҮРЛЕУСІЗ ҚОЛ ҚОЯМЫН.

Аты-жөні \_\_\_\_\_ ҚОЛЫ \_\_\_\_\_ « \_\_\_\_ » \_\_\_\_\_ 20 \_\_\_\_ ж