Regulations

on the Second International Open Water Swim Competition X-WATERS Thailand on March 27th, 2027

Thailand, Phuket Island, 2027

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Goals and objectives.

- To promote a healthy lifestyle and swimming.
- To attract sport-loving tourists to the region.
- To stimulate the growth of sporting achievements in long-distance swimming.

1. General information.

1.1. The X-WATERS Slovenia International Open Water Swim Competition (hereinafter referred to as Swim) is held on September 11-12th, 2027, in Bled in the waters of Lake Bled, Slovenia.

1.2. The Race Organizer: ANO «MIR PLAVANIYA». The management of Swim is carried out by the Organizing Committee. (hereinafter referred to as Organizer).

1.3. Race Director: Bogdalov Marat Maratovich.

1.4. Distances and time limits:

Distances	Time Limit	Checkpoints
1 k, 1 k fins	30 min	
3 k	1 hour 30 min	
5 k	2 hours 30 min	
Relay 2x1 k	60 min	
X-KIDS 200 m	10 min	

Details on the website x-waters.com): (hereinafter referred to as Website).

1.5. It is possible to register and participate in multiple distances, acceptable combinations:
5 k + 1 k, 3 k + 1 k.

1.6. Maximum number of Participants: 500 persons. Organizer reserves the right to increase or decrease this number.

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1.7. The age of the Participant for admission to the race is determined by the passport (or other identity document) on the day of the Swim.
Age limit for distances:

Distances	Age
1 k, 1 k fins, 3 k, 5 k, relay 2x1 k	18 years and older
X-KIDS 200 m	9 to 17 years old

1.8. Cases not considered in the Regulations are considered by the Organizing Committee in the current order.

2. Admission to the Swim and Mandatory Requirements.

2.1. To be admitted and receive the race kit, Participants must provide:

- a passport or other identity document (a driver's license is not an identity document);
- a completed and signed «Application for an adult», in which he relieves the Organizers of responsibility for possible damage to life and health that occurred during the swimming (Appendix 1).

2.2. To be allowed to swim and receive race kit at all X-KIDS (if applicable as per clause 1.4.), as well as at distances (in accordance with clause 1.7.) where participation of minors (persons under the age of 18) is allowed, Participants must provide:

- a parent's passport, child’s passport (if the child is over 14 years old) or a child's birth certificate;
- a completed and signed «Application for participation in the X-KIDS», in which the Legal Representative of the Participant relieves the Organizers of responsibility for possible damage to the life and health of the Participant that occurred during the swimming (Appendix 2).

2.3. Race kits are issued in person only. Receiving race kits for other persons and transferring kits to other persons is prohibited. Participant’s wristband will be affixed to the Participant after document check. It is forbidden to remove the wristband before the end of the competition. Removing the wristband before the end of the event leads to disqualification.

2.4. Attendance at the pre-race safety briefing is required for all participants. Time and location of the safety briefing will be posted Website.

2.5. All points of this section are mandatory. Failure to comply with any point in this section results in removal from the competition without refund.

3. Awards and Age Categories.

3.1. The top 3 finishers in the Men's and Women's categories for each distance will receive awards. For distances with over 60 registered participants, diplomas will be given in age Age categories. The Organizer may increase the number of award categories at its discretion.

3.2. In the Relay, if applicable (as per clause 1.4.), the top 3 teams in the overall standings (no gender or age division) will be awarded. The number of Participants in the relay must be equal to the number of relay

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stages. The sequence of stages in the relay must correspond to the order of stages declared during registration.

3.3. All finishers within the time limit (clause 1.4) will receive a finisher's medal.

3.4. In the X-KIDS swims all finishers receive a medal. Overall awards and age group awards are not presented.

3.5. Overall winners are excluded from age category awards. Age category rankings shift accordingly. Awarding in age category occurs with a position shift of 1, 2 or 3 places, depending on whether someone from this group was awarded in the overall standings.

3.6. Overall winners are determined by gun time (first out of the water). Age group winners are determined by chip time (personal time of individual chip).

3.7. The Age category of the Participant for the award is determined by the age as of December 31 of the year of the swimming competition. This does not override the requirements of clause 1.7

3.8. Age categories:

Year of birth	Women	Men	Years old
born 1998-2011	F18	M18	16-29 years old
born 1988-1997	F30	M30	30-39 years old
born 1978-1987	F40	M40	40-49 years old
born 1968-1977	F50	M50	50-59 years old
born 1958-1967	F60	M60	60-69 years old
born 1957 and older	F70	M70	70 years old and older

4. Registration.

4.1. Registration is carried out online on the official website: x-waters.com.

4.2. After registration, the Participant receives a confirmation email to the specified email address and the slot for the race appears in the Participant's personal account on Website. In case of absence of a confirmation email or a slot in your personal account, contact the Organizer by the email indicated on Website.

4.3. When registering, the Participant must provide personal data in accordance with the identity document and consent to the processing of personal data.

4.4. Participant is considered registered if he/she has filled out the registration form and paid the registration fee, which is a service for electronic registration as Participant in a swimming competition at a selected distance and assigning a slot in the Participant's personal account on Website.

4.5. The organizational fee is used to cover the costs of organizing. The amount of the contribution can be found on Website. All financial issues are governed by the Offer Agreement posted on Website.

4.6. The paid registration fee is non-refundable. The service is considered rendered from the moment the slot is assigned to the Participant.

4.7. The registration of the Participant is cancelled if the Participant provides false, inaccurate or incomplete data.

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4.8. The transfer of paid participation to other persons is governed by the Offer Agreement posted on Website.
4.9. By registering, the Participant agrees to all clauses of these Regulations and the Offer Agreement.

5. Swim Event Conduct.
5.1. The event schedule will be published on Website simultaneously with the start time.
5.2. The distance schemes are posted on Website.
5.3. Organizer reserves the right to change the course layout or start times due to weather conditions, water temperature, as well as the orders of the control bodies, security services and other government agencies. Such decisions will be made by Race Director and communicated via Website and/or the event's Telegram channel. (The link to the Telegram chat is published Website).
5.4. The race kit includes:

- individual swimming cap;
- informational materials.

5.5. A personal swim safety buoy will be issued with the race kit or at the start. Details will be given at the briefing. For distances over 9 km, Participants may use their own orange safety buoy without logos of other events.
5.6. Timing is provided for all distances in Swim.
5.7. Participants are allowed to start Swim only with an electronic chip (when using electronic timing), an individual safety buoy (inflated) and a swimming cap issued by Organizer. The chip and buoy must be secured as instructed. Incorrect fixing of the chip may make it impossible to fix an individual result. The chip and buoy must be returned to Organizer after finishing.
5.8. All Participants must wear the swimming cap provided by Organizer during the Swim. Wearing the official TOP 100 X-WATERS World championship cap is also permitted. Participant finishing without a cap, or wearing any other swim cap, will be disqualified.
5.9. Organizer reserves the right to revise time limits (clause 1.4) for completing the distance(s) in the event of unforeseen weather conditions and/or other factors affecting the conduct of Swim and the completion times.

6. The use of wetsuits.
6.1. Mandatory requirements:

- Water temperature is above 24 degrees - neoprene wetsuits is prohibited at all distances;
- Water temperature is above 18 degrees - neoprene wetsuits is allowed at all distances;
- Water temperature is below 18 degrees - neoprene wetsuits is mandatory, at distances over 3 km, the use of full neoprene wetsuits is mandatory;
- Water temperature is below 16 degrees - full neoprene wetsuits is mandatory, changes in distances are possible up to cancellation;
- Water temperature is below 14 degrees - full neoprene wetsuits and neoprene helmets is mandatory. Distance changes or cancellation are possible.

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7. Withdrawal from the Swim.

7.1. Participant who decides to withdraw must notify Organizer and return the timing chip and buoy at the venue or starting area. The exact location of the venue and the starting area are posted on Website.

7.2. Medical staff, referees, or Organizer representatives have the right to remove Participant at any time from the Swim due to weather and/or other conditions that prevent the safe conduct of this swim.

7**.3.** If there is a mandatory individual escort at the distance and the individual escort cannot continue the distance for any reason, the Participant will be withdrawn and disqualified, without refund.

8. Disqualification.

8.1. Organizer reserve the right to disqualify Participant on the following grounds: reasonable concerns about the Participant's health; violation of the Swim rules or these Regulations; interference with other Participants; or any action that impedes the event.

8.2. Time limit is in effect for all distances (clause 1.4.) Participant who exceeds the time limit will be removed from Swim.

8.3. Failure to comply with requirements from swim safety personnel to board a support boat will result in Participant’s disqualification, forfeiture of the finisher's medal, and a complete release of Organizer from any liability for Participant's welfare.

8.4. Participant will be removed from the Swim if Participant is unable to overcome the current and fail to pass the mandatory checkpoints (if applicable per clause 1.4.). The exact rules for navigating these checkpoints will be detailed at the pre-race briefing.

8.5. Each Participant must wear the personal safety buoy provided by Organizer, properly secured to the waist throughout the entire swim. Participant will be disqualified for finishing with a deflated buoy or without the buoy. In the latter case, Participant must also reimburse Organizer for the cost of the buoy.

8.6. The use of special devices, such as fins, paddles, mattresses, gloves with webbing, tubes, etc., with the exception of individual rescue buoys, wetsuits, neoprene gloves, socks, helmets, is prohibited at all distances, except those where it is allowed and described in clause 1.4.

8.7. The Participant is prohibited from holding onto another Participant's buoy, using other Participants' buoys and/or other external objects (equipment of other Participants, escort vessels, etc.) to move forward.

8.8. A Participant shall be disqualified if they complete the distance for another Participant or simultaneously complete two or more swim distances.

9. Safety.

9.1. Overall responsibility for the safety of the event and Participants rests with Organizer.

9.2. To ensure Participant safety on the water, Organizer will provide a safety escort by boats, boats with rescue groups and/ or other swimming facilities.

9.3. Individual support for Participants during the Swim is not allowed. The exception is for distances for which support is officially provided for in this Regulation.

9.4. Each Participant will be provided with a personal swim safety buoy for use during Swim.

9.5. Medical support is provided by a team or ambulance teams with the necessary equipment in accordance with the regulatory legal acts in force on the territory of Swim.

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9.6. Organizer is responsible for safety on land at the event venue and will ensure this through a contracted private security service.
9.7. Organizer is released from all liability for Participants who violate the Swim rules or disregard official instructions.

10. Photography and Video Recording.
10.1. The Organizer reserves the right, without any notification, compensation to the Participant or liability, to make a photo and video recording of the Participant during the swim, to use photo, audio and / or video materials with the Participant in promotional, advertising and other publications in the printing industry, on radio, television, the Internet and other sources without limitation of the terms and places of use of these materials, as well as the right to edit such materials and transfer them to third parties.

11. Personal Data.
11.1. All processing of Participant's personal data is carried out by Organizer in accordance with UAE PDPL-Personal Data Protection Law (Federal Decree-Law No. 45 of 2021).
11.2. Processing of the personal data provided byParticipant during online registration on Website (including last name, first name, patronymic, date of birth, contact information) is carried out on the basis of the Consent to the processing of personal data granted by Participant at the time of such registration. Participant is obliged to review the Personal Data Processing Policy before providing Consent. The Policy is published on Website.

12. Protests.
12.1. All protests concerning competition results will be accepted on the event date and for a period of two calendar days thereafter.
12.2. In case of doubts concerning a protest's validity, the Organizers reserve the right to request a deposit of 1000 RUB / 20 EUR before proceeding with the review. The deposit shall be refunded upon confirmation of the protest's grounds.
12.3. Competition results may be amended within three days following the event. After this period, they shall be considered definitive and official.

The Organizers reserve the right to amend or terminate these Regulations unilaterally at any time, without prior notice to Participants and without any compensation. This document serves as the official invitation for participation in the event.

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Appendix 1.

Dear Participant of the swim! It is highly unlikely that any of the incidents listed below will occur, we are required to inform you of potential risks and ensure you are prepared to take responsibility for your own actions and inactions.

To the Race Organizer: ANO «MIR PLAVANIYA».

APPLICATION FOR AN ADULT (18+)

I, (Full name) _____

«_____»_____. _____ year of birth, email of personal account on x-waters.com_____

phone: _____emergency contact phone number (Next of Kin):_____

I am acting of my own free will, being in a sound state of mind, capable of fully understanding and adequately assessing my physical fitness,

state of health, and level of athletic skills. I fully understand and accept the risks involved in the event, ask for admission to participate in the

Swim X-WATERS "_____"_____20_____ (specify the actual date(s) of the swim).

I am fully AWARE of the swim Regulations, I undertake to follow to all rules of the swim, as well as the instructions of the Organizers, referees, and safety personnel. I accept the terms of the Offer agreement signed by me at the registration fee. I commit to providing all required documents. I undertake to obtain a valid insurance covering accidental injury and death for the duration of the swim.
I ACCEPT full responsibility for all my actions or inaction in connection with this event.
In the event I suffer any injury, illness, or harm during or as a result of participation in the swim, I, along with my family, heirs, and representatives, agree not to make any claims (whether financial, personal, or otherwise) against the Organizers, referees, safety personnel, other participants, or any affiliated parties, regardless of how such injury or harm occurred.
I AGREE and acknowledge that: Should the Participant refuse to comply with a safety instruction from accompanying personnel to board a safety boat, they will be immediately disqualified, will forfeit the right to receive a finisher's medal, and will be considered to have withdrawn from the event. From that moment, the Organizer bears no further responsibility for the Participant's health and safety.

Medical contraindications for participation in the swim:

• clinically significant circulatory failure;
• exacerbation of chronic coronary insufficiency;
• myocardial infarction (less than 12 months ago);
aneurysm of the heart and aorta;
• threat of thromboembolic complications;
• threat of bleeding;
• organic diseases of the nervous system with a violation of its functions;
• blood diseases;
• malignant neoplasms;
• cholelithiasis and urolithiasis with frequent pain attacks;
acute inflammatory diseases of the kidneys;
• myocarditis of any etiology;
• majority of heart defects;
• acute infectious diseases and their exacerbations;
• arterial hypertension;
• cardiac hypertrophy;
• pulmonary insufficiency with a decrease in HD;
• pregnancy over 22 weeks;
obesity, 3-4 degree;
• significant myopia with changes in the fundus;
• diabetes mellitus (severe form).

Consent to the processing of personal data and the use of photo and video materials is provided by the Participant separately, in electronic form, upon registration on the website x-waters.com.
I HAVE READ and understood the list of medical contraindications provided above. I hereby confirm that I am not aware of having any such contraindications or any other medical conditions that could jeopardize my safe participation in this event.
I CONFIRM that my participation in this swim is entirely voluntary.
I have carefully read, fully understood, and AGREE to all terms and conditions of this Application. I signed this document freely and voluntarily.

(Full name):_____

Signature: _____**Date of completion:** «_____» _____ 20___

Appendix 2.

Dear Participant of the swim! It is highly unlikely that any of the incidents listed below will occur, we are required to inform you of potential risks and ensure you are prepared to take responsibility for your own actions and inactions.

To the Race Organizer: ANO «MIR PLAVANIYA».

APPLICATION for participation in the X-KIDS and at distances where participation of persons under the age of 18 is allowed

I, (Full name) _____

«_____»_____. _____ year of birth, phone: _____ I am the legal representative of the Participant, I am acting of my own free will, being in a sound state of mind, capable of fully understanding and adequately assessing the Participant's physical fitness, state of health, and level of athletic skills. I fully understand and accept the risks involved in the event, ask for admission to the Swim of

(Full name):_____

«_____»_____. _____ year of birth, email of personal account on x-waters.com _____

to participate in the Swim X-WATERS "_____"_____20_____ (specify the actual date(s) of the swim).

I am fully INFORMED and REALIZED that open water swimming can be a source of increased danger, injuries of varying severity and even death.

I am fully AWARE of the swim Regulations, I undertake to follow to all rules of the swim, as well as the instructions of the Organizers, referees, and safety personnel. I accept the terms of the Offer agreement signed by me at the registration fee. I commit to providing all required documents.

I ACCEPT full responsibility for all actions or inaction of the Participant in connection with this event.

In the event the Participant suffers any injury, illness, or harm during or as a result of participation in the swim, I, along with my family, heirs, and representatives, agree not to make any claims (whether financial, personal, or otherwise) against the Organizers, referees, safety personnel, other participants, or any affiliated parties, regardless of how such injury or harm occurred.

I AGREE and acknowledge that: Should the Participant refuse to comply with a safety instruction from accompanying personnel to board a safety boat, they will be immediately disqualified, will forfeit the right to receive a finisher's medal, and will be considered to have withdrawn from the event. From that moment, the Organizer bears no further responsibility for the Participant's health and safety.

Medical contraindications for participation in the swim:

- clinically significant circulatory failure;
- exacerbation of chronic coronary insufficiency;
- myocardial infarction (less than 12 months ago);
aneurysm of the heart and aorta;
- threat of thromboembolic complications;
- threat of bleeding;
- organic diseases of the nervous system with a violation of its functions;
- blood diseases;
- malignant neoplasms;
- cholelithiasis and urolithiasis with frequent pain attacks;
acute inflammatory diseases of the kidneys;
- myocarditis of any etiology;
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Consent to the processing of personal data and the use of photo and video materials is provided by the Participant separately, in electronic form, upon registration on the website x-waters.com.

I HAVE READ and understood the list of medical contraindications provided above. I hereby confirm that I am not aware of having any such contraindications or any other medical conditions that could jeopardize my safe participation in this event.

I CONFIRM that my participation in this swim is entirely voluntary.

I have carefully read, fully understood, and AGREE to all terms and conditions of this Application. I signed this document freely and voluntarily.

(Full name):_____

Signature: _____**Date of completion:** «_____» _____ 20___