

Regulations

The Second International Open Water Swim Competition

X-WATERS Issyk-Kul on August 28-29th, 2026

Kyrgyz Republic, Lake Issyk-Kul, 2026

1. General information.

1.1. Race Director: Surayeva Evgenia Aleksandrovna.

1.2 The X-WATERS Issyk-Kul International Open Water Swim Competition is held on August 28-29th, 2026, Kyrgyz Republic, Issyk-Kul region, Baktuu-Dolonotu village.

1.3. Distances and time limits (details on the website x-waters.com):

- 500 m - 15 min;
- 1 mile (1852 m) - 60 min;
- 5 k - 2 hours 30 min;
- X-KIDS 200 m - 10 min.

1.4. It is possible to register and participate in multiple, acceptable combinations: 1 mile + 500 m.

1.5. Maximum number of Participants: 500 persons. The Organizer reserves the right to increase or decrease this number.

1.6. The top 3 finishers in the Men's and Women's categories for each distance will receive awards. For distances with over 60 registered participants, diplomas will be given in age groups. The Organizer may increase the number of award categories at its discretion. In the Relay, if applicable (as per clause 1.3), the top 3 teams in the overall standings (no gender or age division) will be awarded

1.7. Registration for the race is conducted on the official website of the series X-WATERS: x-waters.com.

1.8. Any cases not covered by these Regulations will be resolved by the Organizing Committee on a current basis.

2. Goals and objectives.

2.1. To promote a healthy lifestyle and swimming.

2.2. To attract sport-loving tourists to the region.

2.3. To stimulate the growth of sporting achievements in long-distance swimming.

3. Management.

3.1. The Race Organizer: Limited Liability Company “World Class”, General Director Kasymova N.

3.2. The management of the swim is carried out by the Organizing Committee.

4. Venue and time of the event.

4.1. The event schedule will be published on the official website (clause 1.7) simultaneously with the start time.

4.2. The distance scheme is posted on the swim website (clause 1.7).

4.3. The Organizer reserves the right to change the course layout or start times due to weather conditions, water temperature, as well as the orders of the control bodies, security services and other government agencies. Such decisions will be made by the Race Director and communicated via the official website (clause 1.7) and/or the event's Telegram channel.

5. Participants of the competition.

5.1. The age of the Participant for admission to the race is determined by the passport (or other identity document) on the day of the swim. Age limit for distances:

- 1 mile, 5 k - 18 years and older;
- 500 m - 16 years and older;
- X-KIDS 200 m - 11 to 17 years old.

5.2. The age group of the Participant for the award is determined by the age as of December 31 of the year of the swimming competition. This does not override the requirements of clause 5.1.

5.3. The use of wetsuits:

- Water temperature is above 24 degrees - neoprene wetsuits is prohibited at all distances;
- Water temperature is above 18 degrees - neoprene wetsuits is allowed at all distances;
- Water temperature is below 18 degrees - neoprene wetsuits is mandatory, at distances over 3 km, the use of full neoprene wetsuits is mandatory;
- Water temperature is below 16 degrees - full neoprene wetsuits is mandatory, changes in distances are possible up to cancellation;
- Water temperature is below 14 degrees - full neoprene wetsuits and neoprene helmets is mandatory. Distance changes or cancellation are possible.

5.4. The number of Participants in the relay (if applicable as per clause 1.3.) must be equal to the number of relay stages.

6. Registration.

6.1. Registration is carried out online on the official website (clause 1.7.). After registration, the Participant receives a confirmation email to the specified email address and the slot for the race appears in the Participant's personal account on the official website. In case of absence of a confirmation email or a slot in your personal account, contact the Organizer by the email indicated on the official website of the race.

6.2. When registering, the Participant must provide personal data in accordance with the identity document and consent to the processing of personal data.

6.3. Participant is considered registered if he/she has filled out the registration form and paid the registration fee, which is a service for electronic registration as Participant in a swimming competition at a selected distance and assigning a slot in the Participant's personal account on the website.

6.4. The organizational fee is used to cover the costs of organizing. The amount of the contribution can be found on the official website (clause 1.7.). All financial issues are governed by the Offer Agreement posted on the site.

6.5. The paid registration fee is non-refundable. The service is considered rendered from the moment the slot is assigned to the Participant.

6.6. The registration of the Participant is cancelled if the Participant provides false, inaccurate or incomplete data.

6.7. The transfer of paid participation to other persons is governed by the Offer Agreement posted on the website.

6.8. By registering, the Participant agrees to all clauses of these Regulations and the Offer Agreement.

7. Admission to the swim.

7.1. To be admitted and receive the race kit, Participants must provide:

- a passport or other identity document (a driver's license is not an identity document);
- a completed and signed "Application for an adult", in which he relieves the Organizers of responsibility for possible damage to life and health that occurred during the swimming (Appendix 1).

7.2. To be allowed to swim and receive starting kit at all X-KIDS (if applicable as per clause 1.3.), as well as at distances (in accordance with clause 5.1.) where participation of minors (persons under the age of 18) is allowed, Participants must provide:

- a parent's passport or a child's birth certificate;
- a completed and signed "Application for participation in the X-KIDS", in which the Legal Representative of the Participant relieves the Organizers of responsibility for possible damage to the life and health of the Participant that occurred during the swimming (Appendix 2).

7.3. Race kits are issued in person only. Receiving race kits for other persons and transferring kits to other persons is prohibited. Participant's wristband will be affixed to the participant after document check. It is forbidden to remove the wristband before the end of the competition. Removing the wristband before the end of the event leads to disqualification.

7.4. Attendance at the pre-race safety briefing is required for all participants. Time and location of the safety briefing will be posted the website. (clause 1.7.)

7.5. All points of this section are mandatory. Failure to comply with any point in this section results in removal from the competition without refund.

8. Start kit and chip.

8.1. Time is measured at all distances.

8.2. The race kit includes:

- individual swimming cap;
- informational materials.

8.3. A personal swim safety buoy will be issued with the race kit or at the start. Details will be given at the briefing. For distances over 9 km, participants may use their own orange safety buoy without logos of other events.

8.4. Participants are allowed to start the swim only with an electronic chip (when using electronic timing), an individual safety buoy (inflated) and a swimming cap issued by the Organizer. The chip and buoy must be secured as instructed. Incorrect fixing of the chip may make it impossible to fix an individual result. The chip and buoy must be returned to the Organizer after finishing.

9. Awarding.

9.1. Participants are to be awarded in accordance with clause 1.6.

9.2. Age groups (in accordance with clause 1.6. awarding in age groups is for distances with over 60 registered participants):

Age	Women	Men	Years old
born 1997-2010	F18	M18	16-29 years old

born 1987-1996	F30	M30	30-39 years old
born 1977-1986	F40	M40	40-49 years old
born 1967-1976	F50	M50	50-59 years old
born 1966 and older	F60	M60	60 years old and older

9.3. All finishers within the time limit receive a finisher's medal.

9.4. Overall winners are excluded from age group awards. Age group rankings shift accordingly.

Awarding in age groups occurs with a position shift of 1, 2 or 3 places, depending on whether someone from this group was awarded in the overall standings.

9.5. Overall winners and age group winners are determined by chip time (personal time of individual chip).

9.6. In the X-KIDS swims all finishers receive a medal. Overall awards and age group awards are not presented.

10. Withdrawal from the race.

10.1. Participant who decides to withdraw must notify the Organizer and return the timing chip and buoy at the venue or starting area. The exact location of the venue and the starting area are posted on the website (clause 1.7.).

10.2. Medical staff, referees, or Organizer representatives have the right to remove Participant at any time from the race due to weather and/or other conditions that prevent the safe conduct of this swim.

10.3. If there is a mandatory individual escort at the distance and the individual escort cannot continue the distance for any reason, the Participant will be withdrawn and disqualified, without refund.

11. Disqualification.

11.1. The Organizers reserve the right to disqualify Participant on the following grounds: reasonable concerns about the participant's health; violation of the race rules or these Regulations; interference with other participants; or any action that impedes the event.

11.2 Time limit is in effect for all distances (clause 1.3). Participant who exceeds the time limit will be removed from the race and listed as disqualified in the official results. No championship points for the X-WATERS World Series will be awarded for this event.

11.3. Failure to comply with requirements from swim safety personnel to board a support boat will result in Participant's disqualification, forfeiture of the finisher's medal, and a complete release of the Organizer from any liability for Participant's welfare.

11.4. Participant will be removed from the race if Participants is unable to overcome the current and fail to pass the mandatory checkpoints (if applicable per clause 1.3). The exact rules for navigating these checkpoints will be detailed at the pre-race briefing.

11.5. Each Participant must wear the personal safety buoy provided by the Organizer, properly secured to the waist throughout the entire swim. A Participant will be disqualified for finishing with a deflated buoy or without the buoy. In the latter case, the participant must also reimburse the Organizer for the cost of the buoy.

11.6. The use of special devices, such as fins, paddles, mattresses, gloves with webbing, tubes, etc., with the exception of individual rescue buoys, wetsuits, neoprene gloves, socks, helmets, is prohibited at all distances, except those where it is allowed and described in clause 1.3.

11.7. All Participants must wear the swimming cap provided by the Organizer during the swim. Wearing the official TOP 100 X-WATERS World championship cap is also permitted. Participant finishing without a cap, or wearing any other swim cap, will be disqualified.

12. Safety

12.1. Overall responsibility for the safety of the event and its Participants rests with the Organizer.

12.2. To ensure participant safety on the water, the Organizer will provide a safety escort by boats, boats with rescue groups and/ or other swimming facilities.

12.3. Each Participant will be provided with a personal swim safety buoy for use during the swim.

12.4. Medical support is provided by a team or ambulance teams with the necessary equipment in accordance with the regulatory legal acts in force on the territory of the swim.

12.5. The Organizer is responsible for safety on land at the event venue and will ensure this through a contracted private security service.

12.6. The Organizer is released from all liability for Participants who violate the race rules or disregard official instructions.

13. Photography and Video Recording.

13.1. The Organizer reserves the right, without any notification, compensation to the Participant or liability, to make a photo and video recording of the Participant during the swim, to use photo, audio and / or video materials with the Participant in promotional, advertising and other publications in the printing industry, on radio, television, the Internet and other sources without limitation of the terms and places of use of these materials, as well as the right to edit such materials and transfer them to third parties.

14. Personal data.

14.1. By completing payment of the registration fee, the Participant fully and unconditionally accepts the terms of the Offer Agreement, including consent to the processing of their personal data by the Organizer.

14.2. By completing the registration form on the web site, the Participant provides the following personal data to the Organizer: Last name, first name, patronymic, gender and date of birth, contact details (phone, email, city), company and club affiliation, emergency contact phone number. When submitting the participation application, the Participant provides passport information.

14.3. Processing of personal data includes, but is not limited: collection, organization, storage, updating, modification, use, transfer (including cross-border), anonymization, blocking, or destruction. Processing may be performed either by automated or manual means, in accordance with the legislation in force in the location where the event takes place.

14.4. Processing of the Participant's personal data is carried out exclusively for the purpose of executing the Offer Agreement and the Regulations, including: participant registration, generation of start/finish protocols,

and sending post-event emails and SMS notifications containing event-related and participant-specific information.

14.5. The Organizer shall implement appropriate legal, organizational, and technical measures to protect personal data against unlawful or accidental access, destruction, alteration, blocking, copying, distribution, or any other unauthorized processing. The Organizer is committed to maintaining the confidentiality of participants' personal data. The Organizer may engage subcontractors or transfer personal data to its affiliates for processing purposes. In such cases, the Organizer shall ensure these parties undertake equivalent confidentiality and data protection obligations.

14.6. The Participant's consent to personal data processing is effective from the date of registration fee payment and shall remain in force for 20 (twenty) years from the date of data submission.

14.7. The Participant may revoke consent to data processing by submitting a written request to: Email: welcome@x-waters.com.

15. Protests.

15.1. All protests concerning competition results will be accepted on the event date and for a period of two calendar days thereafter.

15.2. In case of doubts concerning a protest's validity, the Organizers reserve the right to request a deposit of 1,000 RUB / 20 EUR before proceeding with the review. The deposit shall be refunded upon confirmation of the protest's grounds.

15.3. Competition results may be amended within three days following the event. After this period, they shall be considered definitive and official.

The Organizers reserve the right to amend or terminate these Regulations unilaterally at any time, without prior notice to Participants and without any compensation. This document serves as the official invitation for participation in the event.

Appendix 1.

Dear Participant of the swim! It is highly unlikely that any of the incidents listed below will occur, we are required to inform you of potential risks and ensure you are prepared to take responsibility for your own actions and inactions.

To the Race Organizer: Limited Liability Company "World Class", General Director Kasymova N. A.

APPLICATION FOR AN ADULT (18+)

I, (Full name) _____

« ____ » ____ . _____ year of birth, home address: _____

_____, passport (number) _____

issued « ____ » ____ . _____ year, issued by _____

phone: _____ emergency contact phone number (Next of Kin): _____

I am acting of my own free will, being in a sound state of mind, capable of fully understanding and adequately assessing my physical fitness, state of health, and level of athletic skills. I fully understand and accept the risks involved in the event, ask for admission to participate in the swim X-WATERS " _____ " _____ 20 ____ (specify the actual date(s) of the swim).

I am fully AWARE of the swim Regulations, I undertake to follow to all rules of the swim, as well as the instructions of the Organizers, referees, and safety personnel. I accept the terms of the Offer agreement signed by me at the registration fee. I commit to providing all required documents. I undertake to obtain a valid insurance covering accidental injury and death for the duration of the swim.

I ACCEPT full responsibility for all my actions or inaction in connection with this event.

In the event I suffer any injury, illness, or harm during or as a result of participation in the swim, I, along with my family, heirs, and representatives, agree not to make any claims (whether financial, personal, or otherwise) against the Organizers, referees, safety personnel, other participants, or any affiliated parties, regardless of how such injury or harm occurred.

I AGREE and acknowledge that: Should the Participant refuse to comply with a safety instruction from accompanying personnel to board a safety boat, they will be immediately disqualified, will forfeit the right to receive a finisher's medal, and will be considered to have withdrawn from the event. From that moment, the Organizer bears no further responsibility for the Participant's health and safety.

I grant the Organizer the right to use, publish, and reproduce any photographs, video recordings, or other media materials featuring my participation in the event. I consent to the collection, storage, and processing of the personal data I have provided, in accordance with the event's Privacy Policy.

Medical contraindications for participation in the swim:

- clinically significant circulatory failure;
- exacerbation of chronic coronary insufficiency;
- myocardial infarction (less than 12 months ago);
- aneurysm of the heart and aorta;
- threat of thromboembolic complications;
- threat of bleeding;
- organic diseases of the nervous system with a violation of its functions;
- blood diseases;
- malignant neoplasms;
- cholelithiasis and urolithiasis with frequent pain attacks;
- acute inflammatory diseases of the kidneys;
- myocarditis of any etiology;
- majority of heart defects;
- acute infectious diseases and their exacerbations;
- arterial hypertension;
- cardiac hypertrophy;
- pulmonary insufficiency with a decrease in HD;
- pregnancy over 22 weeks;
- obesity, 3-4 degree;
- significant myopia with changes in the fundus;
- diabetes mellitus (severe form).

I I HAVE READ and understood the list of medical contraindications provided above. I hereby confirm that I am not aware of having any such contraindications or any other medical conditions that could jeopardize my safe participation in this event.

I CONFIRM that my participation in this swim is entirely voluntary.

I have carefully read, fully understood, and AGREE to all terms and conditions of this Application. I signed this document freely and voluntarily.

(Full name): _____

Signature: _____ Date of completion: « ____ » _____ 20 ____

Appendix 2.

Dear Participant of the swim! It is highly unlikely that any of the incidents listed below will occur; we are required to inform you of potential risks and ensure you are prepared to take responsibility for your own actions and inactions.

To the Race Organizer: Limited Liability Company "World Class", General Director Kasymova N. A.

APPLICATION for participation in the X-KIDS and at distances where participation of persons under the age of 18 is allowed

I, (Full name) _____

« _____ » _____, year of birth, home address: _____

_____, passport (number) _____

issued « _____ » _____, year, issued by _____

phone: _____ I am the legal representative of the Participant, I am acting of my own free will, being in a sound

state of mind, capable of fully understanding and adequately assessing the Participant's physical fitness, state of health, and level of athletic

skills. I fully understand and accept the risks involved in the event, ask for admission to the race of (Full name): _____

« _____ » _____, year of birth, home address: _____

identity document _____

to participate in the swim X-WATERS " _____ " _____ 20 _____ (specify the actual date(s) of the swim).

I am fully INFORMED and REALIZED that open water swimming can be a source of increased danger, injuries of varying severity and even death.

I am fully AWARE of the swim Regulations, I undertake to follow to all rules of the swim, as well as the instructions of the Organizers, referees, and safety personnel. I accept the terms of the Offer agreement signed by me at the registration fee. I commit to providing all required documents.

I ACCEPT full responsibility for all actions or inaction of the Participant in connection with this event.

In the event the Participant suffers any injury, illness, or harm during or as a result of participation in the swim, I, along with my family, heirs, and representatives, agree not to make any claims (whether financial, personal, or otherwise) against the Organizers, referees, safety personnel, other participants, or any affiliated parties, regardless of how such injury or harm occurred.

I AGREE and acknowledge that: Should the Participant refuse to comply with a safety instruction from accompanying personnel to board a safety boat, they will be immediately disqualified, will forfeit the right to receive a finisher's medal, and will be considered to have withdrawn from the event. From that moment, the Organizer bears no further responsibility for the Participant's health and safety.

I grant the Organizer the right to use, publish, and reproduce any photographs, video recordings, or other media materials featuring my participation in the event. I consent to the collection, storage, and processing of the personal data I have provided, in accordance with the event's Privacy Policy.

Medical contraindications for participation in the swim:

- clinically significant circulatory failure;
- exacerbation of chronic coronary insufficiency;
- myocardial infarction (less than 12 months ago);
- aneurysm of the heart and aorta;
- threat of thromboembolic complications;
- threat of bleeding;
- organic diseases of the nervous system with a violation of its functions;
- blood diseases;
- malignant neoplasms;
- cholelithiasis and urolithiasis with frequent pain attacks;
- acute inflammatory diseases of the kidneys;
- myocarditis of any etiology;
- majority of heart defects;
- acute infectious diseases and their exacerbations;
- arterial hypertension;
- cardiac hypertrophy;
- pulmonary insufficiency with a decrease in HD;
- pregnancy over 22 weeks;
- obesity, 3-4 degree;
- significant myopia with changes in the fundus;
- diabetes mellitus (severe form).

I HAVE READ and understood the list of medical contraindications provided above. I hereby confirm that I am not aware of having any such contraindications or any other medical conditions that could jeopardize my safe participation in this event.

I CONFIRM that my participation in this swim is entirely voluntary.

I have carefully read, fully understood, and AGREE to all terms and conditions of this Application. I signed this document freely and voluntarily.

(Full name): _____

Signature: _____ Date of completion: « _____ » _____ 20 _____